

Mirana
ACUPUNCTURE
— and Chinese Herbs —



Our Philosophy

Our philosophy is to meet our patient's needs through the delivery of the most effective forms of Oriental medicine. We believe to maximize our patient's treatment options, it is important to provide a peaceful setting that encourages a good patient/provider relationship. We want our patients to feel that they always receive personalized, compassionate, high quality care from Mirvana Acupuncture.

About

Mirvana Acupuncture and Chinese Herbs

Mirvana Acupuncture is the first acupuncture business in the Houston area to earn the coveted "A" rating by the Better Business Bureau. The feng shui interior is enhanced with relaxing music and spa chic décor. Each treatment room features soothing colors, calming wall art, naturally inspired materials and aromatherapy herbal pillows along with a call button for your peace of mind. With the ease of on-line appointment scheduling, electronic receipts, and email reminders, Mirvana Acupuncture marries the art of Traditional Chinese Medicine with the functionality of modern technology.

Services

Wellness Acupuncture

(1 hour initial consultation & treatment, 30 minutes for follow-ups)

Getting to know you and your health concerns is a priority during the initial consultation. In addition to a complete evaluation of your health and lifestyle, your acupuncturist will observe your pulse and tongue to formulate your diagnosis. A personalized treatment plan will be developed, including customized acupuncture points and food therapy.

Depending on your condition, your treatment may include cupping, an ancient technique to remove tension and tightness and release adhesions from muscles. It also detoxifies and relaxes the body while improving circulation.

Acupuncture benefits the following conditions:

- Addiction- alcohol, drugs, smoking
- Anxiety/ Stress
- Pain Management
- Allergies
- Migraine
- Dental Pain
- Menopause Symptoms
- Menstrual Irregularities
- Facial Paralysis
- Carpel Tunnel Syndrome
- Constipation
- Sleep Disorders
- PMS
- Trigeminal Neuralgia
- Fertility

For the rates & our latest promotions please visit our website.

www.mirvacu.com





Signature Mirvana Cosmetic Acupuncture

(1.5 hours for initial consultation & treatment, 1 hour for follow-ups)

This ancient art can reduce lines and restore fullness without the use of harsh fillers and medications. Facial acupuncture can improve muscle tone and decrease the appearance of wrinkles.

The Signature Mirvana Cosmetic protocol is a 2 in 1 treatment. Cosmetic acupuncture is coupled with Wellness Acupuncture to treat the entire body inside and out. After cleansing the face with organic aromatherapy products, micro-fine needles are placed into wrinkles and muscles used to tighten the face and neck. The sterile needles are disposable and the procedure is not painful. In fact, most people fall asleep. This rejuvenating experience is accompanied with wellness acupuncture, facial cleansing and massage, foot reflexology, aromatherapy and food therapy.

Mirvana's Fertility Acupuncture

(1 hour for initial consultation & treatment, 30 minutes for follow-ups)

Mirvana has fertility acupuncturists on staff, offering both female and male treatment plans that not only improve general health but also enhance fertility. Recognizing and restoring imbalances in the circulating Qi can positively affect fertility potential. Once the imbalances are corrected, the body can then begin to use its natural healing process to restore harmony and eliminate dysfunction.

Our specialists collaborate with area Reproductive Endocrinologists to complement western medicine. Mirvana works with many patients undergoing In Vitro-Fertilization (IVF) and Intrauterine Insemination (IUI). Acupuncture has proven to increase the success of Assisted Reproductive Technology rates by 30-60%.

We also specialize in the following conditions:

- Polycystic Ovary Syndrome
- Endometriosis
- Ovulation Disorders
- Decreasing the Side Effects of Fertility Medications
- Regulating Menstrual Disorders
- Conditions Affecting Sperm

About

Sonya Patel, LAC, FABORM, Dipl OM

Sonya Patel, certified by the National Certification Commission for Acupuncture & Oriental Medicine, brings over 10 years of experience to Sugar Land. Sonya earned valedictory status in both undergraduate and graduate studies at the University of Houston and the American College of Acupuncture & Oriental Medicine. She is also licensed to practice in China, where she completed her residency.

Sonya Patel, LAC frequently lectures at local hospitals and conferences and has been recognized by New York's Memorial Sloan-Kettering for treating side effects of chemotherapy and radiation without inhibiting the cancer patient's medical regimens. She is the co-author of TCM Clinical Handbook for Fertility and has written numerous articles for newspapers and magazines.





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